








Gluten Free Menu

APPETIZERS

-  **BURRATA** (ORDERED WITHOUT BREAD)
Made the traditional Italian way - homemade mozzarella stuffed with creamy mozzarella curd...13.99 *Add Prosciutto Di Parma...only \$6*
-  **SPICY MUSSELS** (ORDERED WITHOUT KNOTS)
One pound of mussels sautéed in a spicy white wine garlic cream broth with red onion...15.99
-  **BELLO PORTOBELLO** (ORDERED WITHOUT BREAD)
A giant mushroom baked under alfredo & mozzarella, topped with sweet red peppers & fresh basil...12.99 *Add Prosciutto Di Parma...only \$6*
-  **PROSCIUTTO DI PARMA** (ORDERED WITHOUT BREAD)
A plate of thin sliced prosciutto topped with pecorino romano cheese & fresh basil...11.99
-  **CHICKEN WINGS**
Eight baked wings and drumettes topped with your favorite sauce:
Garlic Parmesan, BBQ, Spicy Buffalo or Extra Hot...9.99
-  **PERFECT SHRIMP** (ORDERED WITHOUT KNOTS)
Two dozen medium sized, tail-on, grilled shrimp served skewered beside fresh tomatoes & cucumbers with a side of spicy ranch...15.99
-  **FRESH HOT MOZZARELLA** (ORDERED WITHOUT BREAD)
Our homemade mozzarella - made to order, drizzled with olive oil & topped with fresh basil...12.49
-  **GLUTEN FREE GARLIC BREAD** 
Classic...6.49 w/ Mozzarella...7.99 w/Mozzarella & Pepperoni...8.49

SALADS

GRILLED SHRIMP \$7, GRILLED CHICKEN \$4

- Dressings: *Homemade Balsamic Vinaigrette, Homemade Greek*
-  **HOUSE SALAD** (ORDERED WITHOUT CROUTONS)
Fresh romaine lettuce with tomatoes, red onions, carrots, cucumbers & mozzarella ...8.49 Side House Salad...3.99
 -  **VERDE SALAD**
Organic mixed greens tossed with our balsamic vinaigrette & topped with candied walnuts, mandarin oranges, dried cranberries & fresh homemade mozzarella...10.49
 -  **GREEK SALAD**
Romaine lettuce, spinach, tomatoes, red onions, carrots, cucumbers, feta, pepperoncini peppers, black & green olives. Served with a side of our homemade Greek dressing...10.99
 -  **INSALATA CAPRESE** (ORDERED WITHOUT BREAD)
Our homemade mozzarella & roma tomatoes sliced together & topped with basil & pecorino romano...13.99 *Add Prosciutto Di Parma...only \$6*
 -  **ORGANIC FIELD GREENS SALAD**
Mixed greens tossed with our homemade balsamic vinaigrette & topped with feta...8.99

HEROS (TOASTED SUBS)

GLUTEN FREE EGGPLANT HERO

Eggplant Parm, marinara & mozzarella.
Served with chips...14.99

GLUTEN FREE SAUSAGE HERO

Sausage, green peppers, onions, marinara & mozzarella. Served with chips..13.99

GLUTEN FREE CHICKEN HERO

Chicken Parm, marinara & mozzarella.
Served with chips...14.99

A 20% Service Charge is Added to All Parties of 6 or More • All Substitutions Subject to Charge • Please Inform Your Server of all Allergies

BUILD YOUR OWN PIZZA OR CALZONE



GLUTEN FREE PIZZA 10½" ...10.99
GLUTEN FREE 3 CHEESE CALZONE...13.99
TRADITIONAL TOPPING 0.75^{EACH} SPECIALTY TOPPING 1.00^{EACH}

TRADITIONAL TOPPINGS

MEATS	VEGGIES	
Ham	Basil (fresh)	Red Onions (fresh)
Pepperoni	Garlic (fresh)	Mushrooms (fresh)
	Black Olives	Tomatoes (fresh)
	Cilantro (fresh)	Spinach (fresh)
	Jalapeños (fresh)	Pineapple
	Green Pepper (fresh)	

SPECIALTY TOPPINGS

MEATS	VEGGIES	CHEESES
Italian Sausage (sliced)	Pesto	Veggie (vegan friendly)
Grilled Chicken	Capers	Extra Cheese
Real Bacon	Broccoli	Ricotta
Anchovies	Green Olives	Feta
	Peppadew Peppers	
	Sun-Dried Tomatoes	
	Roasted Red Peppers	
	Artichoke Hearts (Marinated)	

DELUXE
Prosciutto
\$1.75

*See full menu for
our selection
of specialty pizzas.*

*Only toppings
containing gluten:
meatball*

PASTAS & BAKED DISHES

Add a Side Salad...\$2.49 (ORDERED WITHOUT CROUTONS)

- GLUTEN FREE MEAT LASAGNA** *(ORDERED WITHOUT KNOTS)*
Our classic lasagna made with beef (no pork)...18.99
- GLUTEN FREE VEGGIE LASAGNA** *(ORDERED WITHOUT KNOTS)*
Lasagna made with spinach, mushrooms, garlic, tomatoes, onions & green peppers...17.99
- EGGPLANT ROLLATINI** *(ORDERED WITHOUT REGULAR SPAGHETTI)*
Lightly breaded in gluten free flour eggplant stuffed with ricotta and topped with marinara. Served with a side of zucchini or sweet potato spaghetti...18.99
- EGGPLANT PARMIGIANA** *(ORDERED WITHOUT REGULAR SPAGHETTI)*
Homemade eggplant parm topped with marinara, mozzarella & pecorino romano. Served with a side of zucchini or sweet potato spaghetti...18.99

- ZUCCHINI "SPAGHETTI"**
Shrimp...\$7, Chicken...\$4 or Sausage...\$3.5
Fresh raw zucchini cut into spaghetti shaped pasta. Served with marinara & pecorino romano cheese...11.99 Served lightly cooked in extra virgin olive oil and garlic...12.99 Served tossed with pesto or alfredo...14.99
- SWEET POTATO "SPAGHETTI"**
Shrimp...\$7, Chicken...\$4 or Sausage...\$3.5
Fresh raw sweet potato cut into spaghetti shaped pasta. Served with marinara & pecorino romano cheese...11.99 Served lightly cooked in extra virgin olive oil and garlic...12.99 Served tossed with pesto or alfredo...14.99
- CHICKEN PARMIGIANA** *(ORDERED WITHOUT REGULAR SPAGHETTI)*
Homemade chicken parm baked with marinara & mozzarella. Served with a side of zucchini or sweet potato spaghetti...18.99

Please note we take gluten sensitivity very seriously and practice policies that reduce the risk of cross contamination. However, all gluten-free meals are prepared in a kitchen shared closely with gluten and cross contact can occur.